

Asthma Criteria #3

Promote Utah's Asthma Inhaler Law and use of the mandatory Self-Administration Form.



Definition: *"Breathing Just Got Easier at School"* with the passage of Utah's Asthma Inhaler Law. Students can carry and self-administer inhaled asthma medications at school, but only with the mandatory Self-Administration Form signed by a parent and health care provider. These forms assist school nurses to track students with asthma and provide optimal health. For this criterion, promote the Asthma Inhaler Law at your school; tell all parents and students about the mandatory Self-Administration Form.

Resources:

UDOH Asthma Program

www.health.utah.gov/asthma
801-538-6141

Self-Administration Form

| http://www.health.utah.gov/asthma/pdf_files/Medication_Form.pdf

Utah's Asthma Inhaler Law

| http://www.health.utah.gov/asthma/pdf_files/SB0032-enrolled.pdf

School/District Nurse

Asthma Inhaler Posters (Contact the UDOH Asthma Program for free posters)

Assignments

School Coordinator Assignments

- Develop a way to promote the law and use of the Self-Administration Form to all parents and students with asthma
- Read the one-page Self-Administration Form; download
- Make copies of the form
- Distribute forms to appropriate parents at the beginning of the school year
- Tell parents and students to whom and where at your school they should return the form
- Track the submission of self-administration forms

Asthma #3 Ideas

- Distribute a letter and a copy of the Asthma Inhaler Law to parents, faculty and staff
- Hang asthma inhaler posters in visible spots in the school, i.e. in the office, at tables during registration, in the gym, etc.
- Host a poster contest to advertise the campaign and hang the students' art work in the hallways
- Involve the PTA at events to promote the Asthma Inhaler Law and the use of the Self-Administration Form
- Host a forum for parents; invite a pediatrician to speak about asthma and the importance of parents informing the school that their child has asthma
- Provide a short fact sheet about Utah's Asthma Inhaler Law; distribute to parents
- Send an information letter home to parents about the mandatory Self-Administration Form